

A bride and groom are captured in a romantic embrace, dancing on a beach at sunset. The bride is wearing a white, lace-trimmed wedding gown with a long veil, and the groom is in a dark suit with a blue tie. They are standing in shallow water, with the sun low on the horizon behind them, creating a warm, golden glow. The background shows the ocean and a clear sky.

Wedding Dance Checklist

If you can walk, you can dance

First Dance



TIP: Any dance can become a show-stopping dance, with more elaborate moves and lifts if the couple puts in the time and practice.

Choreography:

It's our job to choreograph but we want a general idea of what you are looking for...

What are you looking for?

- I just want to sway without falling over*
- Set in Stone Routine vs. Lead & Follow*
- Romantic vs. Dramatic*
- Recreate Known Routine (Youtube or Movie Moments)*
- Full Entertainment show*

Flaire

- Dips*
- Lifts*
- Tricks*

Ending

- Picture Pose Ending*
- Invite others to join in dancing*
- Walk off*

5 Things your instructor wants to know...

1. What is the Wedding Date

2. Do you have a song?

We want to if you have a special song already picked out. If not, that okay, we have some suggestions for you later in the packet.

3. Who will control the Music:

- DJ
- Live Band
- Friend with iPod

4. Venue, Flooring & Layout:

- Size of dance floor
- Type of flooring (cement, wood, etc)
- Venue website, pics of area

5a. Silhouette of Bridal Gown:



5b. Neckline and Sleeve Type:

How well can your arms move?

- Can lift arms above head
- Can Lift arms above shoulders
- Arms will not lift as high as shoulders comfortably

Bonus: *Please wear or bring shoe similar to those you will wear at the wedding.*

Secondary Dances

Father Daughter and Mother Son Dance

- Does Brides parents live close by?
- Does Grooms Parents Live close by?
- Are there any physical limitations the instructor needs to be aware of?
- What kind of song/ dance?
 - Sentimental?*
 - Comical?*

Anyone else that would need a special moment on the floor with bride, groom or both?

- Grandparents?*
- Children of the Bride or Groom?*



Other Dances to Consider

More and more, young wedding couples are creating zany and exciting routines with their bridal parties to enter the reception with a bang. Don't be left out of this hilarious and memorable trend.

- Groovesmen Groomsmen -

Groom, grab your men and get grooving at the wedding in a special dance you and your men do for the bride.

- Ladies Night Out -

Time for the bride and her ladies to have a fun time letting loose and finding their sexy selves in movement.



- Reception Lesson -

Want everyone at your wedding to be able to dance the night away with you? Good news! We're great with groups and can come and teach everyone at your wedding reception.

First Dance Do's and Dont's

Do's:

- Do inject your personalities
- Do practice in your shoes
- Do communicate with your instructor
- Do consider a shorter song
- Do have a BLAST!

Dont's

- Don't wait until the last month
- Don't look down while dancing. *(Your partner is much better looking than the floor)*
- Don't let the desire of perfection become a stress.
- Don't forget to enjoy yourself



Wedding Dance Packages

- Crash Course -

\$280

4 Private Lessons

- Simple Classic –

\$520

8 Private Lessons . First Dance Practice Session . 2 Parties

- A Family Affair –

\$960

14 Private Lessons . 2 Group Lessons for Wedding Party (up to 8 people)

First Dance Practice Session . 4 Parties

- StoryBook Endings –

\$1200

14 Private Lessons . 2 Group Lessons for Wedding Party (up to 8 people)

2 Daddy Daughter Private Lessons . 2 Mother Groom Private Lessons

First Dance Practice Session . 8 Parties

WALTZ:

Songs in Waltz time are invariably love songs, which lends itself to the mood of this dance. Gracious and poised it's danced in counts of 3/6.

Very basic Slow Waltz can be learned in a relatively short time.

- "Come away with me" Nora Jones
- "Open Arms" Journey
- "Rainbow Connection" Kermit Frog

FOXTROT:

The Foxtrot is the cool slow dance. Easy to pick up, the Foxtrot's confident and leisurely pace make it perfect for the couple who wants to perform without looking like they're performing.

- "The way you look tonight" Frank Sinatra
- "Let There be Love" Nat King Cole
- "Summer Wind" Michael Buble

Slow Dances

A list and description of the more common slower dances with a few song ideas.

RUMBA:

Rumba is the dance of seduction and love, as such, is a very popular choice for a wedding dance!

- "Love Song" Taylor Swift
- "Lucky" Colbie Caillat & Jason Mraz
- "Marry Me" Train

Faster Dances

A list and description of the more common quicker dances with a few song ideas.

SALSA:

Salsa is high energy and a fun way to start your new life together. Choose salsa if you love a flirty and fun feel.

- "Tu Amor Me Hace Bien" - Marc Anthony
- "Refugio del Amor" - Cheyenne (this one starts with rumba)
- "Corazon" - Gilberto Santa Rosa
- "Amores Como El Nuestro" - Jerry Rivera

CHA-CHA:

Cha Cha rhythm is popular in all music genres, and can be found in pop, rock, country, and hip-hop. Danced in 4/4 time. Think "flirtatious" and "cheeky" and you get the soul of this dance!!!!

- "Dance with me" Michael Bolton
- "Sex Bomb" Tom Jones
- "Sway" Michael Bublé

SWING:

Swing dance is lively, fun and upbeat. A great dance for people who don't want to look like they've had lessons! It can look very classy or become a flashy routine in a snap with lifts and tricks.

- "Crazy Little Thing Called Love" Queen
- "Ex's and Oh's" Ellie King
- "Dancing Cheek to Cheek"

Family and Fun Dances

FATHER DAUGHTER DANCE:

- "Dance with my Father" Luther Vandross
- "Cinderella" Steven Curtis Chapman
- "My Wish" Rascal Flatts
- "Butterfly Kisses" Bob Carlisle

MOTHER SON DANCE:

- "Tru Colore" Eva Cassidy
- "You are the Sunshine of My Eye" Stevie Wonder
- "Through the Years" Kenny Rogers

FUN DANCES for Wedding Party:

- "Party Started" P!nk
- "Celebrate" Kool and the Gang
- "
- "Suit and Tie" Justin Timberlake

SEE YOU SOON!

